



Key findings

Index score: 79

95% of young people say they feel safe online, yet **4.2 million young people (29%)** have experienced hate speech online.

Around 1 in 4 young people have experienced violence (26%), trolling or abuse (23%), and/or sexual content (23%).

Minority groups are most vulnerable to seeing negative content online, aided by the anonymity of the digital landscape.

Three quarters of young people state that **they feel 'in control'** of what they see online (73%).

6% of young people would **not trust** anyone to help them if **they saw something that made them feel unsafe online.**



INTERNET SAFETY

Young people report feeling generally safe online. They also describe the different safety risks quite broadly, whether that's avoiding distressing content, knowing who to trust or being aware of misleading information. However, teachers and parents/guardians are concerned about these threats. A question emerges about whether young people's perceived levels of safety reflect their actual online safety.